

## Naturetrek Trip to Sweden 9<sup>th</sup> to 15<sup>th</sup> July 2009.

### FLOWER LIST

#### POLYGONACEAE

Knotgrass	<i>Polygonum aviculare</i>
Sorrel sp	<i>Rumex sp</i>
Dock sp	<i>Rumex sp</i>

#### CARYOPHYLLACEAE

Lesser Stitchwort	<i>Stellaria graminea</i>
Bladder Campion	<i>Silene vulgaris</i>
Nottingham Catchfly	<i>Silene nutans</i>
Maiden Pink	<i>Dianthus deltoides</i>

#### RANUNCULACEAE

Columbine	<i>Aquilegia vulgaris</i>	
Pasque Flower	<i>Pulsatilla vulgaris</i>	(leaf and seedhead)
Hepatica	<i>Hepatica nobilis</i>	(leaf)

#### PAPAVERACEAE

Common Poppy	<i>Papaver rhoeas</i>
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#### CRASSULACEAE

Orpine	<i>Sedum telephium</i>
Biting Stonecrop	<i>Sedum acre</i>
English Stonecrop	<i>Sedum anglicum</i>

#### ROSACEAE

Meadowsweet	<i>Filipendula ulmaria</i>
Dropwort	<i>Filipendula vulgaris</i>
Agrimony	<i>Agrimonia eupatoria</i>
Lady's Mantle	<i>Alchemilla vulgaris</i> agg.
Dog Rose	<i>Rosa canina</i>
Wild Strawberry	<i>Fragaria vesca</i>
Water Avens	<i>Geum rivale</i>
Tormentil	<i>Potentilla erecta</i>
Cinquefoil	<i>Potentilla reptans</i>
Silverweed	<i>Potentilla anserina</i>
Blackthorn	<i>Prunus spinosa</i>

#### LEGUMINOSAE

Goat's Rue	<i>Galega officinalis</i>
Dyer's Greenweed	<i>Genista tinctoria</i>
Tufted Vetch	<i>Vicia cracca</i>
Wood Vetch	<i>Vicia sylvatica</i>
Meadow Vetchling	<i>Lathyrus pratensis</i>
Bitter Vetch	<i>Lathyrus montanus</i>
Kidney Vetch	<i>Anthyllis vulneraria</i>
White Melilot	<i>Melilotus alba</i>
Birdsfoot Trefoil	<i>Lotus corniculatus</i>
Large Hop Trefoil	<i>Trifolium aureum</i>
Red Clover	<i>Trifolium pratense</i>
White Clover	<i>Trifolium repens</i>

Alsike Clover  
Zigzag Clover  
Mountain Clover  
Haresfoot Clover

*Trifolium hybridum*  
*Trifolium medium*  
*Trifolium montanum*  
*Trifolium arvense*

**OXALIDACEAE**

Wood Sorrel

*Oxalis acetosella* (leaf)

**LINACEAE**

Purging Flax

*Linum catharticum*

**GERANIACEAE**

Wood Cranesbill

*Geranium sylvaticum*

Herb Robert

*Geranium robertianum*

**THYMELAEACEAE**

Mezerion

*Daphne mezereum*

**POLYGALACEAE**

Common Milkwort

*Polygala vulgaris*

**RHAMNACEAE**

Alder Buckthorn

*Frangula alnus*

**MALVACEAE**

Common Mallow

*Malva sylvestris*

Musk Mallow

*Malva moschata*

**GUTTIFERAE**

St. John's Wort

*Hypericum* various species

**VIOLACEAE**

Wild Pansy

*Viola tricolor*

Field Pansy

*Viola arvensis*

**CISTACEAE**

Common Rock-Rose

*Helianthemum nummularium*

**ONAGRACEAE**

Evening Primrose sp

*Oenothera* sp

Rosebay Willowherb

*Epilobium angustifolium*

**LYTHRACEAE**

Purple Loosestrife

*Lythrum salicaria*

**UMBELLIFERAE**

Wild Carrot

*Daucus carota*

Ground Elder

*Aegopodium podagraria*

Angelica

*Angelica sylvestris*

Wild Parsnip

*Pastinaca sativa*

**PYROLACEAE**

Round-leaved Wintergreen

*Pyrola rotundifolia*

Yellow Birdsnest

*Monotropa hypopitys*

**ERICACEAE**

Ling Heather  
Bog Rosemary

*Calluna vulgaris*  
*Andromeda polifolia* (leaf)

**PRIMULACEAE**

Cowslip  
Yellow Loosestrife  
Chickweed Wintergreen

*Primula veris* (leaf)  
*Lysimachia vulgaris*  
*Trientalis europaea* (leaf)

**OLEACEAE**

Wild Privet

*Ligustrum vulgare*

**ASCLEPIADACEAE**

Swallowwort

*Vincetoxicum hirundinaria*

**GENTIANACEAE**

Autumn Gentian

*Gentianella amarella*

**CONVOLVULACEAE**

Field Bindweed

*Convolvulus arvensis*

**RUBIACEAE**

Lady's Bedstraw  
Other White Bedstraws noted

*Galium verum*  
*Galium sp*

**BORAGINACEAE**

Common Comfrey  
Viper's Bugloss  
Alkanet

*Symphytum officinale*  
*Echium vulgare*  
*Anchusa officinalis*

**LABIATAE**

Self-Heal  
Large-flowered Hemp Nettle  
White Dead Nettle  
Hedge Woundwort  
Wild Basil  
Marjoram  
Wild Thyme

*Prunella vulgaris*  
*Galeopsis speciosa*  
*Lamium album*  
*Stachys sylvatica*  
*Clinopodium vulgare*  
*Origanum vulgare*  
*Thymus serpyllum*

**SCROPHULARIACEAE**

Great Mullein  
Small Toadflax  
Common (Yellow) Toadflax  
Common Figwort  
Foxglove  
Spiked Speedwell  
Heath Speedwell  
Eyebright  
Common Cow Wheat  
Cow Wheat (mauve and yellow)

*Verbascum thapsus*  
*Chaenorhynchus minus*  
*Linaria vulgaris*  
*Scrophularia nodosa*  
*Digitalis purpurea*  
*Veronica spicata*  
*Veronica officinalis*  
*Euphrasia officinalis agg*  
*Melampyrum pratense*  
*Melampyrum nemorosum.*

**PLANTAGINACEAE**

Greater Plantain

*Plantago major*

**VALERIANACEAE**

Common Valerian

*Valeriana officinalis agg.*

**DIPSACACEAE**

Field Scabious  
Devilsbit Scabious  
Teasel

*Knautia arvensis*  
*Succisa pratensis*  
*Dipsacus fullonum*

**CAMPANULACEAE**

Nettle-leaved Bellflower  
Spreading Bellflower  
Peach-leaved Bellflower

*Campanula trachelium*  
*Campanula patula*  
*Campanula persicifolia*

**COMPOSITAE**

Golden-Rod  
Scentless Mayweed  
Pineapple Mayweed  
Blue Fleabane  
Yellow Chamomile  
Yarrow  
Sneezewort  
Mugwort  
Ox-eye Daisy  
Tansy  
Creeping Thistle  
Spear Thistle  
Dwarf Thistle  
Melancholy Thistle  
Sawwort  
Cornflower  
Goatsbeard  
Wall Lettuce  
Nipplewort  
Rough Hawkbit  
Mouse-ear Hawkweed

*Solidago virgaurea*  
*Matricaria perforata*  
*Chamomilla suaveolens*  
*Erigeron acer*  
*Anthemis tinctoria*  
*Achillea millefolium*  
*Achillea ptarmica*  
*Artemisia vulgaris*  
*Leucanthemum vulgare*  
*Tanacetum vulgare*  
*Cirsium arvense*  
*Cirsium vulgare*  
*Cirsium acaule*  
*Cirsium helenoides*  
*Serratula tinctoria*  
*Centaurea cyanus*  
*Tragopogon pratensis*  
*Mycelis muralis*  
*Lapsana communis*  
*Leontodon hispidus*  
*Hieracium pilosella*

**LILIACEAE**

Lily of the Valley  
May Lily  
Martagon Lily  
Solomon's Seal  
Herb Paris

*Convallaria majalis* (leaf)  
*Malanthemum bifolium* (leaf)  
*Lilium martagon*  
*Polygonatum multiflorum*  
*Paris quadrifolia*

**ORCHIDACEAE**

Heath Spotted Orchid  
Northern Marsh Orchid  
Greater Butterfly Orchid

*Dactylorhiza maculata*  
*Dactylorhiza purpurella*  
*Platanthera chlorantha*